

Primary School Deworming in Kenya



Hundreds of millions of children worldwide are infected with parasitic worms. These worms are detrimental to children's health, their cognitive development, their education and their futures. Chronic illness caused by worm infections reduces literacy and adult productivity. This evaluation found that free deworming treatment substantially improved student attendance and health. The program also had significant "spillover" effects, improving health outcomes and attendance among students in neighboring primary schools. Including the spillover benefits of treatment, the cost of keeping a child in school one additional day is only US\$0.02, which makes deworming considerably less expensive than any alternative method of increasing primary school participation.

Policy Issue

Intestinal helminths—including hookworm, roundworm, schistosomiasis and whipworm—infect more than one in four people worldwide and are particularly prevalent among school-aged children in developing countries. These intestinal worms are believed to have a negative impact on education, hindering child development as well as school attendance and reducing income later in life. These effects are especially pronounced in Africa, where nearly half of the total disease burden is due to infectious and parasitic diseases, including helminth infections. Existing randomized studies have focused primarily on the effects that these diseases have on cognitive performance, whereas outcomes of more direct interest to economists and policymakers—school attendance and enrollment, test scores, and ultimately, labor market outcomes—have yet to be thoroughly investigated.

Evaluation Context

Busia district is a poor and densely-settled farming region in western Kenya adjacent to Lake Victoria. Budalangi and Funyula divisions have some of the country's highest helminth infection rates, in part due to the area's proximity to Lake Victoria—schistosomiasis is easily contracted through contact with the contaminated lake water. Soil-transmitted helminths (STH), on the other hand, are transmitted through contact with or ingestion of fecal matter. This can occur, for example, if children do not have access to a latrine and instead defecate in the fields near their home or school, where they also play.



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COUNTRY

Kenya

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PROGRAM AREAS

Education, Health

TOPICS

Maternal & Child Health, School Attendance

TIMELINE

1997-2001

One quarter of Kenyan student absenteeism is attributed to abdominal pains which likely due to intestinal helminth infections. In addition, older children may miss school to take care of siblings who are sick with helminth infections.

Details of the Intervention

This study evaluated the Primary School Deworming Project (PSDP), which was carried out by International Child Support in cooperation with the Busia District Ministry of Health. The program randomly divided 75 schools into three equal groups which were phased into treatment over three years.

Within each group, a baseline parasitological survey was administered to a random sample of pupils. Schools with worm prevalence over 50% were mass treated with deworming drugs every six months. Girls of reproductive age (thirteen and older) were not supposed to be treated due to concerns about the possibility of birth defects. Nonetheless, 19% of girls thirteen and older also received medical treatment, partly due to confusion about pupil age, and partly because several Kenyan public health nurses administered drugs to some older girls, judging the benefits to outweigh the risks. In addition to medicine, treatment schools received regular public health lectures, wall charts on worm prevention, and training for one designated teacher. The lectures and teacher training provided information on worm prevention behaviors—including washing hands before meals, wearing shoes and not swimming in the lake.

Results and Policy Lessons

Impact on Infection Intensity: Deworming reduced serious worm infections by half amongst children in the treatment groups. Pupils that received treatment reported being sick significantly less often, had lower rates of severe anemia, and showed substantial height gains, averaging 0.5 centimeters.

Impact on School Attendance: Deworming increased school participation by at least 7 percentage points, which equates to a one-quarter reduction in school absenteeism. When younger children were dewormed, they attended school 15 more days per year, while older children attended approximately 10 more school days per year. The larger impact of treatment in lower grades may partially result from higher rates of infection among younger pupils.

Treatment Spillover: The entire community and those living up to 6 kilometers away from treatment schools benefited from “spillovers” of the deworming treatment. Spillover effects occur because medical treatment reduces the transmission of infections to other community members. Reductions in infection in non-treated children resulted in an additional 3 to 4 days of schooling per year. Although data was not collected on adults, it is also likely that older community members were able to work more days as a result of spillover effects.

No improvements in test scores were found as a result of the deworming. Additionally, evidence suggests that health education had a minimal impact on behavior, so that to the extent that the program improved health, it almost certainly did so through the effect of the medicines rather than

through health education. Including the spillover benefits of treatment, the cost per additional year of school participation is US\$3.27, considerably less than the cost of many alternative methods of increasing primary school participation.