

## Authors

Sun Yu Cotter  
University of California Global Health Institute

May Sudhinaraset  
University of California, Los Angeles

Ziporah Mugwanga  
Marie Stopes International

Ginger Golub  
Country Director, Kenya

Kubai Edward Ikiugu  
Marie Stopes Kenya

Beth Phillips  
University of California, San Francisco

Charlotte Avery Seefeld  
University of California, San Francisco



# Person-centred care for abortion services in private facilities to improve women's

## experiences in Kenya

Globally, access to good quality abortion services and post-abortion care is a critical determinant for women's survival after unsafe abortion. Unsafe abortions account for high levels of maternal death in Kenya. We explored women's experiences and perceptions of their abortion and post-abortion care experiences in Kenya through person-centred care. This qualitative study included focus group discussions and in-depth interviews with women aged 18-35 who received safe abortion services at private clinics. Through thematic analyses of women's testimonies, we identified gaps in the abortion care and person-centred domains which seemed to be important throughout the abortion process. When women received clear communication and personalised comprehensive information on abortion and post-abortion care from their healthcare providers, they reported more positive experiences overall and higher reproductive autonomy. Communication and supportive care were particularly valued during the post-abortion period, as was social support more generally. Further research is needed to design, implement and test the feasibility and acceptability of person-centred abortion care interventions in community and clinical settings with the goal of improving women's abortion experiences and overall reproductive health outcomes.

February 27, 2020